

## Sample Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Optional Breakfast Cart (60 Cents/Item)	Optional Breakfast Cart (60 Cents/Item)	Optional Breakfast Cart (60 Cents/Item)	Optional Breakfast Cart (60 Cents/Item)	Optional Breakfast Cart (60 Cents/Item)
A.M. SNACK	Turkey Bacon Mixed Fruit	Whole Grain Muffins Applesauce	Yogurt w/Granola Blueberries	Turkey Sausage Mixed Berries	Whole Grain Cinnamon Toast Bananas
LUNCH	Grilled Chicken Broccoli Oranges Milk	Beef and Noodles (GF) Green Beans Tropical Fruit Milk	Macaroni (GF) and Cheese w/Smoked Turkey Sausage Broccoli Oranges Milk	Beef Sloppy Joe w/Mini Bun Corn Mixed Fruit Milk	Chicken Flatbread Apricots Carrots Milk
P.M. SNACK	Carrots w/Ranch Milk	Ham Slice w/Whole Wheat Tortilla Milk	Pretzels w/Cheese Milk	Pita Bread w/Hummus Milk	Turkey Pepperoni w/Crackers and Cheese Milk
OPTIONAL	PM Snack Sub: No Ranch Milk Sub: Rice Milk	AM Snack Sub: (GF) Coconut Granola Lunch Sub: Plant- Based Butter PM Snack Sub: (GF) Tortilla Chip Milk Sub: Rice Milk	AM Snack Sub: Coconut Milk Yogurt Lunch Sub: Plant- Based Butter Sauce PM Snack Sub: (GF) Pretzels, Vegan Cheese Milk Sub: Rice Milk	Lunch Sub: (GF) Bread Milk Sub: Rice Milk	AM Snack Sub: (GF) Bread, Plant-Based Butter Lunch Sub: Rotisserie Chicken PM Snack Sub: (GF) Cracker, Vegan Cheese Milk Sub: Rice Milk